

February 2020 Newsletter

Strength n Conditioning

Saturday 1st February – 0900 till 1000

Hawkinge Village Hall

All welcome, All Abilities, Over 12's

£3pp



Club 5k and 10k Spring Fun Run

Sunday 29th March 2020

10am start

£5 entry fee

Medals to all competitors



Children's race at 0930

2-6 years – one lap of green

7 – 12 years – Two laps of green

13 – 17 years – Three laps of green

MARSHALS NEEDED 😊

Still winter so remember to layer up, light up, be bright, be seen – arm lights available £4

4th Burfday

I hope you can join me and the leadership team in celebrating Hawkinge Hurricanes RC's 4th Birthday this month. For me the time has flown by and we certainly have achieved some great results over the years. Its time to celebrate the Club and those who make it so special - the athletes and volunteers 😊

Club Welfare Officer

The Club are pleased to appoint Mrs. Jacqui Traynor as our Welfare Officer. Jacqui boasts plenty of welfare experience and enthusiasm. Jacqui will be a great asset to the team and remember she is here to support YOU.

jacqtraynor@gmail.com



Club Schedules

Don't forget as a Hawkinge Hurricanes Member you are more than welcome at any session at any site!
All sessions are £3.00.

Aylesham Branch Schedule

2020

Date and time	Location	Session	Notes
Sat 1 st - 0900	Hawkinge Village Hall	Strength n Conditioning	All Welcome
Mon 3 rd - 1830	AWLC	Club Session	
Tues 4 th - 1830	White Horse Pub	Canterbury Rd, Hawkinge	Birthday session n drinks
Wed 5 th - 1830	AWLC	Club Session	
Mon 10 th - 1830	AWLC	Club Session	
Wed 12 th - 1830	AWLC	Club Session	
Mon 17 th - 1830	AWLC	Club Session	
Wed 19 th - 1830	AWLC	Club Session	
Mon 24 th - 1830	AWLC	Club Session	
Wed 26 th - 1830	AWLC	Club Session	

Hawkinge Branch Schedule

Date and time	Location	Session	Notes
Sat 1 st - 0900	Hawkinge Village Hall	Strength n Conditioning	All welcome
Mon 3 rd -0900	F/stone Garden Centre	Club Session - coffee after	Two distances
Tue 4 th - 1830	White Horse Pub	Club session - birthday	Drinks afterwards
Mon 10 th -0900	HCC	Club session TRAIL	Two distances
Tues 11 th - 1830	HCC	Club Session	
Mon 17 th - 0800	HCC	Club Session	Two Distances
Tues 18 th - 1830	F/stone West Rail Stn	Club Session	
Mon 24 th - 0900	HCC	Club Session	Two Distances
Tues 25 th - 1830	HCC	Club Session	
Sat 29 th - 1000	HCC	RunAbility Session	

Session cancellations due to weather conditions (ice) will be posted on FACEBOOK

