

October 2020 Newsletter



Its that time of year again

Hi-viz and long sleeved tops are on the list

Check out our shop on the website to order you winter wear

www.hawkingehurricanes.com

remember we also do gift vouchers to treat that sporty someone in your life as Christmas is coming

At going to print the efforts for the September Challenge stands at 44 runners that £110 to charities



Session freebies - here to stay

Pay £30 into the club account and grab yourself

11 sessions for the price of 10



Track sessions

Track sessions are back!!

The Duke of York school have increased their site security and need vehicle details of ALL athletes who wish to attend the site. Please email me your make, Model, colour and reg details so I can collate list and issue site passes –

NO PASS NO ENTRY.

Next track session is

WEDNESDAY 18TH NOVEMBER 1830



Please remember to shop via easy fundraising. Its FREE for you but helps us

www.easyfundraising.org.uk/causes/hawkingehurricanes

At the end of the year the person who has raised the most donations for HHRC will receive a bottle of bubbly 😊

Club Schedules

Don't forget as a Hawkinge Hurricanes Member you are more than welcome at any session at any site!
All sessions are £3.00.

Aylesham Branch Schedule

2020

Date and time	Location	Session	Notes
Mon 5 th 1830	Aylesham Leisure Centre (AWLC)	Club Session	Beginners week one
Wed 7 th 1830	AWLC	Club Session	
Mon 12 th 1830	AWLC	Club Session	Beginners week two
Wed 14 th 1830	AWLC	Club Session	
Mon 19 st 1830	AWLC	Club Session	Beginners week three
Wed 21 st 1830	AWLC	Club Session	
Mon 26 th 1830	AWLC	Club Session	Beginners week four
Wed 28 th 1830	AWLC	Club Session	

Hawkinge Branch Schedule

Date and time	Location	Session	Notes
Mon 5 th 0900	HCC	Two distances	
Tue 6 th 1830	HCC	Club Session and Beginners	Week five
Mon 12 th 0900	HCC	Two distances	
Tue 13 th 1830	HCC	BEGINNERS ONLY	Week six
Wed 14 th 1830	HCC	Club Session	
Mon 19 th 0900	HCC	Three distances	
Tue 20 th 1830	HCC	Club session inc beginner	Week seven
Mon 26 th 0900	HCC	Three Distances	
Tue 27 th 1830	HCC	Club Session inc beginner	GRADUATION

Session cancellations due to weather conditions (ice) will be posted on FACEBOOK



Hurricane Medal

Check out www.virtualrunneruk.com

In March 2020 they are launching a Hurricane Medal. Its £13 to enter and all you need to do is log as many miles in March that you can to back this cool medal

This event is not endorsed or insured by HHRC but it's a great opportunity to give some funds to the RAF Charity and bag a mini Hurricane of your own

Mental Health Run n Talk

SATURDAY 10TH OCTOBER - 0900

FROM HAWKINGE COMMUNITY CENTRE

Come along and join this free session with our Mental Health Champion Elizabeth Morgan.

Receive a supporter's wrist band



ENGLAND ATHLETICS
Active accessible accredited
ACCREDITED CLUB

RunTogether
DW Fitness First

**Come join us for a
Run, Walk n' Talk
on World Mental
Health Day**
#runandtalk


Hawkinge Hurricanes
Running Club



Join us on
**Saturday
10th October
starting @ 9am**

**Hawkinge
Community
Centre**