



# March 2021 Newsletter

#### Hawkinge Hurricanes RC

Welcome back everyone, I hope you and your families are all well and like me I'm sure you are looking forward to relaxation in our present lockdown restrictions and some return to normality. The club leadership team have been working really hard during lockdown supporting athletes with challenges, mental health and well being support, motivational sessions, interaction and our usual shenanigans, a massive THANK YOU goes to my team and their continued dedication and commitment to Hawkinge Hurricanes. We are looking to the future with plenty of new ideas in the pipeline. We welcome two new associate leaders and two new LiRF to the gang.

We are tentatively planning a gentle return to training in March if and when Boris and England Athletics allow. Needless to say, we will maintain our Club guidance in regards to Covid and social distancing a copy of our Covid Policy can be found on our web page (<u>www.hawkingehurricanes.com</u>)

We will continue with the online booking and pre- payment system. We will be accommodating small numbers of athletes. If you are not allocated a training space you will be given priority booking the following week this is the fairest way possible to manage athletes and safety. Looking forward to welcoming you all back soon

### <u>Session freebies - here to stay</u>

Pay £30 into the club account <u>and</u> grab yourself

### 11 sessions for the price of 10

\*no part payments please as these are difficult to manage either £3 0r £30  $^{*}$ 

#### MEMBERSHIP

Memberships are important for the club and yourselves as a club we have continued to pay outgoings during lockdown for insurances, EA registration and holding funds on venues hired. Therefore, your membership is especially important right now. Those who are due to renew will now receive a club invoice for membership fees. Those who's membership has expired and choose to support the club fees will be held until first day of return to club activity so you won't be losing out. Any questions just ask



sam@hawkingehurricanes.com or 07711995267

## Virgin London Marathon

England Athletics have confirmed that Club Ballot places should be available for 2021 VLM. I must remind you ONLY affiliated club members are entitled to enter the club draw. Affiliation payments are due on April 1<sup>st</sup> 2021 and at present fees are set by England Athletics at £15. The club must have at least 20 registered affiliated athletes to be given a club place. It's a wonderful event and already we have a club coach going as Alison Mansell secured a space in the national ballot 🙄 GOOD LUCK ALI



On our phased return back to club the Hawkinge Site will be offering a Return to Running (R2R) group. These athletes may not have been getting out as much as they may have liked, be recovering from injury, or just feel more comfortable in a smaller group with Coach support for a few weeks. This group will offer small walk breaks but aim to build athletes back to pre-lockdown



#### WEEKLY CHALLENGES

So nice to see lots of athletes taking up the weekly challenges I will continue these for the foreseeable future as these supports athletes that maybe not ready to return to club just yet. Winners so far are.....

December – DAVID COLLARD (HHA)

January - CLAIRE TETLOW

# Club Schedules

Don't forget as a Hawkinge Hurricanes Member you are more than welcome at any session at any site! All sessions are £3.00.

Aylesham Branch Schedule (proposed) 2021				
Mon 1 <sup>st</sup> 1830	AWLC	Club Session	1800 - Beginners	
Wed 3 <sup>rd</sup> 1830	AWLC	Club Session		
Thu 4 <sup>th</sup> 1830	Zoom	Club Fun Quiz Night		
Mon 8 <sup>th</sup> 1830	AWLC	Club Session	1800 - Beginners	
Wed 10 <sup>th</sup> 1830	AWLC	Club Session		
Mon 15 <sup>th</sup> 1830	AWLC	Club Session	1800 - beginners	
Wed 17 <sup>th</sup> 1830	AWLC	Club Session		
Mon 22 <sup>nd</sup> 1830	AWLC	Club Session inc Beginners 5K	Graduation	
Wed 24 <sup>th</sup> 1830	AWLC	Club Session		
Mon 29 <sup>th</sup> 1830	AWLC	Club Session		
Wed 31 <sup>st</sup> 1830	AWLC	Club session		

## Hawkinge Branch Schedule (if Boris allows) 😊

Date and time	Location	Session	Notes
Mon 1 <sup>st</sup> 0900	нсс	Club Sessionv	Three distances
Tues 2 <sup>nd</sup> 1830	НСС	Club Session	
Thu 4 <sup>th</sup> 1830	Zoom	Club Fun Quiz Night	
Mon 8 <sup>th</sup> 0900	нсс	Club Session	Two distances
Tue 9 <sup>th</sup> 1830	НСС	Club Session	
Mon 15 <sup>th</sup> 0900	НСС	Club Session	Three distances
Tue 16 <sup>th</sup> 1830	НСС	Club Session	
Mon 22 <sup>nd</sup> 0900	НСС	Club Session	Three distances
Tue 23 <sup>rd</sup> 1830	НСС	Club Session	
Mon 29 <sup>th</sup> 0900	НСС	Club Session	Three distances
Tue 30 <sup>th</sup> 1830	НСС	Club Session	

Session cancellations due to weather conditions (ice) will be posted on FACEBOOK

If you are not on FACEBOOK session booking can be made via text, email or messenger

Join us for a quick fire quiz round @18:30 March 4th. All you need is pen and paper, quiz name if your game!

Running Club

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The amazing Elizabeth is hosting a ZOOM Fun Virtual Quiz Night

The quiz will be approx. 45minutes long and prizes awarded

Message or email Sam for the link details 😂

