



## APRIL 2021 NEWSLETTER



Hi All,

Feels sooooo long since we have been able to get together and train but I'm delighted to report our Club relaunch is set for week commencing **Monday 29<sup>th</sup> March**. The new leadership team are ready to rock and roll with some great new ideas for the coming months. I'm presently awaiting a reply from the Duke of York School in regards to resuming our track sessions also hoping to support the final few weeks of the Aylesham FUNdamental training course.

Following the England Athletics guidelines numbers will be limited so please keep those eyes peeled on Facebook to book onto a session each week. Either pre pay for 11 sessions at £30 (one session free) or transfer training subs into the club account once your place within a session has been secured. If you are not given a training slot you will have priority booking the following week. Please bear with us we try to be fair and will do our best to support all athletes who wish to train

'Oh NO' I hear, I've not been running much or I'm recovering from injury! – don't worry we will have ability matched groups to ease you back in gently. Any questions or concerns please contact Sam – [sam@hawkingehurricanes.com](mailto:sam@hawkingehurricanes.com)

EA AFFILIATION

**EA Affiliation payments are due on or before 31<sup>st</sup> March for April 2021 to April 2022. Affiliation fees have been frozen at £15. All affiliated athletes will receive an invoice however if you think affiliation may be for you feel free to get on board. Affiliation gives you additional insurance, discount with sporting retailers, discount on EA races and entry into the HHRC Virgin London Marathon Ballot. Several of our club athletes have already enjoyed this prestigious event and will tell you it's truly the race of a lifetime. Remember no payment no affiliation. These fees go to EA via HHRC**



Don't forget as a Hawkinge Hurricanes Member you are more than welcome at any session at any site!  
All sessions are £3.00.

## Aylesham Branch Schedule

**2021**

Date and time	Location	Session	Notes
Mon 29 <sup>th</sup> March 1830	AWLC	Club Session	Beginners included
Wed 31 <sup>st</sup> March 1830	AWLC	Club Session	
Mon 5 <sup>th</sup> April 1830	AWLC	Club Session	Beginners included
Wed 7 <sup>th</sup> April 1830	AWLC	Club Session	
Mon 12 <sup>th</sup> April 1830	AWLC	Club Session	Beginners included
Wed 14 <sup>th</sup> April 1830	AWLC	Club Session	
Mon 19 <sup>th</sup> April 1830	AWLC	Club Session inc Beginners 5K	Graduation
Wed 21 <sup>st</sup> April 1830	AWLC	Club Session	
Mon 26 <sup>th</sup> April 1830	AWLC	Club Session	
Wed 28 <sup>th</sup> April 1830	AWLC	Club Session	

## Hawkinge Branch Schedule

Date and time	Location	Session	Notes
Mon 29 <sup>th</sup> March 0900	HCC	Club Session	Three distances
Tue 30 <sup>th</sup> March 1830	HCC	Club Session	
Mon 5 <sup>th</sup> April 0800	HCC	Club Session	Three distances
Tue 6 <sup>th</sup> April 1830	HCC	Club Session	
Mon 12 <sup>th</sup> April 0800	HCC	Club Session	Three distances
Tue 13 <sup>th</sup> April 1830	HCC	Club Session	
Mon 19 <sup>th</sup> April 0900	HCC	Club Session	Distances TBC - (EM)
Wed 21 <sup>st</sup> April 1830	HCC	Club Session	
Mon 26 <sup>th</sup> April 0900	HCC	Club Session	Three Distances
Wed 28 <sup>th</sup> April 1830	HCC	Club Session	

## *Who's who at Hawkinge Hurricanes Running Club*



**Sam Miller** - Lead Coach



**Alison Mansell** - Coach - Aylesham



**Elizabeth Morgan** - Coach - Mental Health lead



**Keith Mansell** -  
Leader Aylesham



**Sarah Harris** -  
Leader



**Claire Olsen**  
(Ollypops) Leader



**Jacqui Traynor** -  
Welfare Officer  
- Leader

**Charlotte  
Strickland**

Associate Leader



**Dan Newman**  
(Dynamo Dan)

Associate Leader

