

June 2022 Newsletter

SUNDAY 5TH JUNE 2022

MEETING 0930

FUN RUN STARTS 1000

£5 CASH ENTRY FEE – MEDAL TO ALL ENTRANTS

MEETING – FERNFIELD ROAD, HAWKINGE (Top of Tip Road) STREET PARKING



Due to difficulty with marshaling and safety as lots of athletes away and busy over the Jubilee Weekend we have opted for a woodland loop. The loop is 2.2miles round – complete at least ONE LAP for your medal, up to three laps 6.6 miles

Katrina B will be selling a selection of yummy cakes with all proceeds going to BLOOD CANCER CHARITIES



Pay £30 into the club account and receive
11 club sessions for the price of 10.

Cash is now accepted at club.

Session fees need to be paid prior to attending.

Invoicing athletes' costs time and money so ideally, I don't want to be chasing people.

USEFUL NUMBERS

CLUB DISCOUNT GIVEN

Paul Massey - Physio - 01233 611446

Miles Standen - Physio - 07526684939

Jodie Sluman - Osteopath - 07479827282

Claire Lort - Massage - 07867525158

Nicola Myall -

Simply R&R Reflexology - 07769919594



Club Schedules

HAWKINGE SHEDULE OF TRAINING

| DATE | VENUE | SESSION | NOTES |
|-----------------------------------|------------------------------|---------------------|---------------------------------------------------------|
| Sunday 5 th 10am start | Meeting Fernfield Rd | JUBILEE FUN RUN | £5pp - families welcome |
| Monday 6 th 0900 | HCC | 3miles (two groups) | Same route different paces, aiming for no walk breaks 😊 |
| Tuesday 7 th 1830 | HCC | All Groups | |
| Monday 13 th 0900 | HCC | 5miles only | Ollypops |
| Wednesday 15 th 1830 | Start - Black Horse, Densole | All Groups | <i>Drinks afterwards</i> |
| Monday 20 th 0900 | HCC | 6miles n 4miles | |
| Tuesday 21 st 1830 | HCC | All Groups | |
| Monday 27 th 0900 | HCC | 6miles n 4miles | |
| Tuesday 28 th 1830 | HCC | All Groups | |
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Session cancellations due to weather conditions will be posted on FACEBOOK

Join our closed Facebook group – ‘Hawkinge Hurricanes’